

## SEIZURE ACTION PLAN

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

School/Grade: \_\_\_\_/\_\_\_\_ Homeroom: \_\_\_\_\_ BUS #: \_\_\_\_\_

Emergency Contact/Relationship \_\_\_\_\_ Phone: \_\_\_\_\_

Seizure Type	How Long It Lasts	How Often	What Happens

### How to respond to a seizure (check all that apply) ☒

- |   |  |
|---|--|
| <input type="checkbox"/> First aid – <b>Stay. Safe. Side.</b> | <input type="checkbox"/> Notify emergency contact at _____ |
| <input type="checkbox"/> Give rescue therapy according to SAP | <input type="checkbox"/> Call 911 for transport to _____   |
| <input type="checkbox"/> Notify emergency contact             | <input type="checkbox"/> Other _____                       |

### First aid for any seizure

- ☐ **STAY** calm, keep calm, **begin timing seizure**
- ☐ Keep me **SAFE** – remove harmful objects, don't restrain, protect head
- ☐ **SIDE** – turn on side if not awake, keep airway clear, don't put objects in mouth
- ☐ **STAY** until recovered from seizure
- ☐ Swipe magnet for VNS
- ☐ Write down what happens \_\_\_\_\_
- ☐ Other \_\_\_\_\_

### When to call 911

- ☐ Seizure with loss of consciousness longer than 5 minutes, not responding to rescue med if available
- ☐ Repeated seizures longer than 10 minutes, no recovery between them, not responding to rescue med if available
- ☐ Difficulty breathing after seizure
- ☐ Serious injury occurs or suspected, seizure in water

### When to call your provider first

- ☐ Change in seizure type, number or pattern
- ☐ Person does not return to usual behavior (i.e., confused for a long period)
- ☐ First time seizure that stops on its' own
- ☐ Other medical problems or pregnancy need to be checked



### When rescue therapy may be needed:

#### WHEN AND WHAT TO DO

If seizure (cluster, # or length) \_\_\_\_\_

Name of Med/Rx \_\_\_\_\_ Dose \_\_\_\_\_

How to give: \_\_\_\_\_

#### Care After Seizure

What type of help is needed? \_\_\_\_\_

When is student able to resume usual activity? \_\_\_\_\_

Epilepsy Provider Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Special instructions \_\_\_\_\_

Completed by Clinic Staff/Medication Check-In/Processing:

Medication/Dosage: \_\_\_\_\_ Medication Expiration Date: \_\_\_\_\_

DASL Entry: \_\_\_\_\_ Health Concern List: \_\_\_\_\_ EAP Copies Made/Distributed: \_\_\_\_\_/\_\_\_\_\_

Medication Sign Out: \_\_\_\_\_/\_\_\_\_\_ Date: \_\_\_\_\_

OTHER Information

Student Involvement School: Athletics \_\_\_\_\_ Band \_\_\_\_\_ JROTC \_\_\_\_\_

Triggers: \_\_\_\_\_

Important Medical History \_\_\_\_\_

Allergies \_\_\_\_\_ Epilepsy Surgery (type, date) \_\_\_\_\_

**Daily Seizure Medicine**

Medicine Name	Total Daily Amount	Amount of Tab/Liquid	How Taken (time of each dose and how much)

**Other information**Device: ☐ VNS ☐ RNS ☐ DBS Date Implanted \_\_\_\_\_Diet Therapy ☐ Ketogenic ☐ Low Glycemic ☐ Modified Atkins ☐ Other (describe) \_\_\_\_\_**To be Completed by the Parent:**

I have read and understand Springboro Community City Schools Medication Policy. I give my permission for information to be sent to the school district via facsimile.

I, hereby, authorize designated personnel of the Springboro Community City School District to administer the above named medication or procedure as instructed by the physician, and agree to:

1. Provide the school with the medication in the container in which it was dispensed by the prescribing physician or licensed pharmacist.
2. Notify the school if we change physicians.
3. Notify the school if the medication, dosage, or procedures is changed or is to be eliminated.
4. Release authorized school employees from all liability, cause of action, or any other responsibility for administering said medicines as noted above.

**Provider Signature** \_\_\_\_\_ **Date** \_\_\_\_\_**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_**Clinic Nurse Signature** \_\_\_\_\_ **Date** \_\_\_\_\_